

KCPK-LP at FM 106.9 on your radio dial

Donations and Memberships at www.cowfest.org

Contact us there if you are interested in developing your own radio show.

This is schedule from September 4 (Monday) through September 17 (Sunday) with different shows each day. Then same shows repeat for following two weeks. New schedule will be posted for October 2, 2017

See New shows at 11:00 a.m., 12:00 p.m., 2:00 p.m. and Global Community Radio Stream from 5:00 p.m. through 10:00 p.m. See 4:00 p.m. community request for local programming producers.

Sign-on at approximately 6:55 a.m.

7: 00 a.m. Democracy Now: 1 hr. stream from Pacifica (Monday through Friday only)

Democracy Now! is a national, daily, independent, award-winning news program hosted by journalists Amy Goodman and Juan Gonzalez.

8:00 a.m. Youth Speaks Out: 1 hr. program

This program is produced with high school students in Mendocino County. We continue to play their archives, now from March 3, 2013 to July 6, 2014. This is to give a historical perspective to how the opinions of our youth have changed over the past decade. As we continue with this series to the present time, in the upcoming months, we adults may gain a better understanding of the stress and pressures being put upon our youth as our political culture changes.

7:00 a.m. to 8:00 a.m. Classical Music: (Saturday & Sunday replacement):

(1 hr. program) Various classical musical broadcastings. One show is Baroque and Beyond, a radio show devoted to Baroque and Classical Music ("and a little bit of 'beyond') for Pacifica-affiliated stations. Produced by Michael White, who is a physician in his "day job" and is not a music professional.

9:00 a.m. Politics of Health & Fitness: 1 hr.

Produced by Layna Berman, a health educator and health integration specialist. She brings over twenty years of experience, skill, and knowledge to support people in solving health and health care problems.

10:00 a.m. Book Reviews: 1 hr.

Francesca Rheannon is an independent radio producer and show host of a talk show about writing, writers and their works, that has been on the air since 2004.

11:00 a.m. The Aware Show: 1 hr.

Produced by Lisa Garr, this show focuses on self-development in all areas of life for healing and achievement. It presents the many different aspects of personal transformation, via world-renowned guests.

12:00 p.m. Magical Mystery Tour: 1 hr.

Hosted by Tonio Epstein, this show explores the great wonders of the human experience and features some of the most brilliant, visionary, creative, and caring people who are helping to create a more beautiful world. This program comes from Goddard Community Radio, which describes itself as a living laboratory for knowledge and content related to women's issues, itinerant agricultural workers, LGBT issues, the homeless, Native Peoples, and the poor.

1:00 p.m. Psychology Talks: 1 hr.

MyNDTALK, by psychologist Pamela Brewer, is intended for adults 18 years+ for use as one of the resources utilized in the ongoing acquisition of quality relationship health and mental health information. Listeners are encouraged to research, question, and review all forms of information/education particularly as it pertains to physical/emotional/social/psychological/relationship/mental health.

2:00 p.m. to 4:00 p.m.: This is shared between 3 shows during the two weeks.

Week one: The Mayo Clinic Radio: 2 hours composed of three 40-minute segments. This show uses thousands of Mayo clinic experts, state of the art research facilities, and other resources to bring the latest breakthroughs in medical news, research, and healthy living advice.

Week two: 2:00 p.m. Big Picture Science Radio Show: This show is sponsored by the Seti Institute. It connects scientific research and technology with lively and intelligent storytelling. KCPK is airing shows from archives of March 8, 2006 to April 26, 2006, and will continue to air archives in the coming months until current with Big Picture Science broadcasts.

Week Two: 3:00 p.m. Closer to Truth Radio Hour: This is the PBS series which features conversations with scientists, philosophers, scholars, theologians,

and creative thinkers exploring fundamental questions about the universe, brain/mind, religion, and meaning.

4:00 p.m. Kids Stories: 1 hr. (two 29 min. segments)

It is two half hour shows for children ages 5-11. Every show features a story read with sound effects and music, a puzzle, and a youth segment where one or more kids read their own stories.

This is a repeat of broadcasting of KCPK in March, 2017. We appeal to the community to listen to this show and to prepare a children's show, using local talent, as the Pacifica Network Affiliates need more children's shows of this nature.

5:00 p.m. to 10:00 p.m. Global Community Radio

GCR is a non-profit, non-commercial, listener-supported community radio service. The programming comes from a wide variety of sources, including public broadcasters, other community radio stations, and independent producers. GCR present the best informational and educational programming from around the world on a variety of subjects, including health and wellness, science and technology, the environment, human rights, LGBT issues, women's shows, disability issues, and other voices underrepresented in the mainstream media. GCR also presents classic and contemporary radio theatre.

For the complete updated programming, go to:

<http://globalcommunityradio.blogspot.com/p/blog-page.html>

The times on the schedule are Eastern, so subtract three hours for Pacific Time. For example, for programming which corresponds to KCPK schedule of 5:00 p.m. to 10:00 p.m., see GCR hours of 8:00 p.m. to 1:00 a.m.

10:00 p.m. Sign-off:

We are still in testing stage. If you find that a particular show has been replaced with classical music, this indicates that KCPK has encountered a broadcasting problem. Typically, the problem is resolved by the next hour. We appreciate your comments about problems.

KCPK is an affiliate of Pacifica Radio Network. KCPK airs programs from all over the U.S. which are produced by affiliates. KCPK plans to offer local programming to the Pacifica Radio network, by uploading locally produced shows and giving our community producers the opportunity to broadcast nationally as

well as locally. We conclude our sign-on and sign-off with our theme song written for our area's historical documentary, "The Coming of Asphalt as told through Rural Storytelling Performance Art. You can view this video at our website under tab Cal Humanities Video. The theme song is entitled "The Road to Take Us Home" and is written and performed by Lily Landers, Kevin Davis, and Murphy Cross. Any programming you may have heard prior to KCPK's Sign-on or after our Sign-off was coming from a large FM station from Bakersfield at FM 107.1 which over-powers our frequency 106.9 when we are off the air.