

**KCPK-LP at FM 106.9 on your radio dial**

**Donations and Memberships at [www.cowfest.org](http://www.cowfest.org)**

**Contact us there if you are interested in developing your own radio show.**

**This is schedule from February 26 (Monday) through March 11 (Sunday) with different shows each day. Then same shows repeat for following two weeks. New schedule will be posted for March 26, 2018**

**Summary of daytime schedule of shows: From 8:00 a.m. to 12:00 p.m. the shows focus on writers; from 12:00 p.m. to 2:00 p.m., the shows focus on mental health; and from 2:00 p.m. to 4:00 p.m., the shows focus on food and health, and then with our children's show at 4:00 p.m. Pacifica Radio News Streams from 5:00 p.m. through 7:00 p.m., and this follows from 7:00 p.m. to 9:45 p.m. with science radio. See 4:00 p.m. community request for local programming producers.**

**Sign-on at approximately 6:55 a.m.**

**7: 00 a.m. Democracy Now:** 1 hr. stream from Pacifica (*Monday through Friday only*)

*Democracy Now!* is a national, daily, independent, award-winning news program hosted by journalists Amy Goodman and Juan Gonzalez.

**7:00 a.m. Classical Music:** 1 hr. program (*Saturday & Sunday replacement*)

Baroque and Beyond, a radio show devoted to Baroque and Classical Music ("and a little bit of 'beyond') for Pacifica-affiliated stations. Produced by Michael White, who is a physician in his "day job" and is not a music professional.

**8:00 a.m. Write the Book, Hour 1:** 1 hr. program

From Burlington, Vermont, this show offers in-depth interviews with authors, poets, illustrators, agents, and editors about writing, publishing, finding inspiration, developing one's craft, and finding community. The show always ends with a new writing prompt. This month, we continue to broadcast from archives, now from October 17, 2016 to May 22, 2017. We will continue for the next months until we are current with the broadcasts. If you want to listen to older archival programs, go to: <http://writethebook.podbean.com>

**9:00 a.m. Write the Book, Hour 2:** 1 hr. program

We continue with archival programs, described above at 8:00 a.m.

**10:00 a.m. Bookwaves, Hour 1: two 30 minute segments.**

Bookwaves is a program about writers and their books. Interviews are conducted by Richard Wolinsky, featuring stimulating conversations with the world's leading authors. It is produced in the studios of KPFA-FM in Berkeley, California. We are playing archival shows from June 25, 2006, to August 22, 2007. Each month, we will play additional archival shows until the current date.

**11:00 a.m. Bookwaves, Hour 2: two 30 minute segments.**

Continuation of Richard Wolinsky interviews.

**12:00 p.m. Psychology Talks, Hour 1: 1 hr.**

MyNDTALK, by psychologist Pamela Brewer, is intended for adults 18 years+ for quality relationship and mental health information. Listeners are encouraged to research, question, and review all forms of information/education particularly as it pertains to physical/emotional/social/psychological/relationship/mental health. We are playing archives from December 4, 2017 to January 14, 2018.

**1:00 p.m. Psychology Talks, Hour 2: 1 hr.**

Continuation of MyNDTALK.

**2:00 p.m. Politics of Health & Fitness, Hour 1: 1 hr.**

Produced by Layna Berman, a health educator and health integration specialist. She brings over twenty years of experience, skill, and knowledge to support people in solving health and health care problems. We are playing the archives from August 1, 2017 to February 13, 2018.

**3:00 p.m. Politics of Health & Fitness, Hour 2: 1 hr.**

Continuation of above show by Layna Berman.

**4:00 p.m. Confetti Park: 1 hr. (two 30 min. segments)**

This show features children's music and stories spun in Louisiana. Sparkling interviews, in-studio performances, music medleys, kids' jokes, storytime, and a little surprise lagniappe make an entertaining show. We are playing archives from August 11, 2017 to February 16, 2018.

**We appeal to the community to listen to this children's show and to prepare a children's show, using local talent, as the Pacifica Network Affiliates need more children's shows of this nature.**

**5:00 p.m. Flashpoints:** 1 hr. stream from Pacifica (*Monday through Friday only*)

An award winning front-line investigative news magazine, focusing on human, civil and workers' rights, issues of war and peace, Global Warming, racism and poverty, and other issues. Hosted by Dennis J. Bernstein.

**6:00 p.m. Pacifica Evening News:** 1 hr. stream from Pacific (*Monday through Friday only*)

The Pacifica Evening News is a collaboration of KPFA and KPFK in Los Angeles and KFCF in Fresno. Comprehensive coverage of the day's news with a focus on war and peace; social, environmental, and economic justice.

**5:00 p.m. to 7:00 p.m. Classical Music:** two 1 hr. segments (*Saturday & Sunday Replacement*)

Baroque and Beyond, a radio show devoted to Baroque and Classical Music ("and a little bit of 'beyond') for Pacifica-affiliated stations. Produced by Michael White, who is a physician in his "day job" and is not a music professional.

**7:00 p.m. to 9:45 p.m. Big Picture Science Radio Show:** three 40-minute segments

This show is sponsored by the Seti Institute. It connects scientific research and technology with lively and intelligent storytelling. This month, KCPK is airing shows from archives of September 15, 2013 to January 26, 2015, and will continue to air archives in the coming months until current with Big Picture Science broadcasts.

**9:45 p.m. Sign-off:**

**We are still in testing stage. If you find that a particular show has been replaced with classical music, this indicates that KCPK has encountered a broadcasting problem. Typically, the problem is resolved by the next hour. We appreciate your comments about problems.**

KCPK is an affiliate of Pacifica Radio Network. KCPK airs programs from all over the U.S. which are produced by affiliates. KCPK plans to offer local programming to the Pacifica Radio network, by uploading locally produced shows

and giving our community producers the opportunity to broadcast nationally as well as locally. We conclude our sign-on and sign-off with our theme song written for our area's historical documentary, "The Coming of Asphalt as told through Rural Storytelling Performance Art. You can view this video at our website under menu tab "Cal Humanities Video." The theme song is entitled "The Road to Take Us Home" and is written and performed by Lily Landers, Kevin Davis, and Murphy Cross. Any programming you may have heard prior to KCPK's Sign-on or after our Sign-off was coming from a large FM station from Bakersfield at FM 107.1 which over-powers our frequency 106.9 when we are off the air.