

KCPK-LP RADIO broadcasting at FM 106.9

Pine Mountain Club, CA

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May 28, 2019 Tuesday Schedule; repeats June 11, 2019

Midnight to 0655: royalty-free music [Podcaster's website](#) ; [Underwriter website](#)

0655: Sign-on (FM 106.9 in Pine Mountain Club, California)

0700: Democracy Now: 1 hr. stream from Pacifica, a national, daily, independent, award-winning news program hosted by journalists Amy Goodman and Juan Gonzalez.

0800: PoetsWest: Another round-up of cowboy poetry. Archive 06-19-2011 [Podcaster's website](#); [Underwriter website](#)

0830: PoetsWest: Poems about the sea and seashore. Archive 07-02-2011 [Podcaster's website](#); [Underwriter website](#)

0900: Conversations on Health Care: Dr. Jeffery Brenner is the founder of the "Hotspotter" movement in healthcare - identifying the small percentage of high-use patients who are driving the bulk of the health care costs. Archive 0925-2012 (followed by royalty free music Medicare for All) [Podcaster's website](#) ; [Underwriter website](#)

0930: Conversations on Health Care: Hosts Mark Masselli and Margaret Flinter speak with Susannah Fox, Director of Digital research at the Pew Internet and American Life Center. She analyzes the intersection between technology and health care and how smart phones will play a pivotal role in the evolution of health care. Marianne O'Hare has this week's health care headlines and FactCheck.Org's Managing Editor Lori Robertson looks at false claims from the campaign trail. Margaret's Bright Idea looks at Lotsa Helping Hands - an online website that links caregivers with the help they need. Archive 10-02-2012 (followed by royalty free music Medicare for All) [Podcaster's website](#) ; [Underwriter website](#)

1000: Ask Peggy About Your Finances: Repeat of Holiday Show Airing 12_4_2018. Archive 12-24-2018 [Podcaster's website](#) ; [Underwriter website](#)

1030: Ask Peggy About Your Finances: This is a new "Best of Ask Peggy" show featuring answers to listeners' questions. Archive 01-01-2019 [Podcaster's website](#) ; [Underwriter website](#)

1100: The Thomas Jefferson Hour: Thomas Jefferson is interpreted by Clay S. Jenkinson. Coming up this week on the Thomas Jefferson Hour, we talk about a long lost, recently discovered map that dates back to Lewis & Clark. Jefferson sent Meriwether Lewis up the Missouri River in 1804. They met a man named Too N among the Arikara on the North Dakota, South Dakota border. Too N later went to Washington to meet Jefferson and he made a map that is a beautiful rendition of the world, and it was lost for more than 200 years, recently discovered in the Biblioth que nationale de France. We talk a bit about how Native Americans looked at things, and how the maps from their time and our time obviously differ. Native American maps have a fundamentally different way of seeing than our maps, and once you learn how to do it, all this sacred and other information pops out. Clark was listening to Too N and has some of that data in his famous journal. Archive 07-17-2018 [Podcaster's website](#) ; [Underwriter website](#)

1200: Mynd Talk: It's not something we tend to think about - but it is something that happens much too often. Children ending their lives. Should children be asked if they are contemplating self-harm? What could lead children to experiencing such potentially life-ending despair? Archive 04-18-2019 [Podcaster's website](#) ; [Underwriter website](#)

1230: Mynd Talk: es, it is true. Male contraception is on the horizon. Research shows that contrary to what many suggest, men care about contraception - and they see it as a shared responsibility Today's guest Dr. Stephanie Page, is a lead clinician in current ground-breaking research in the area of male contraception. Archive 04-21-2019 [Podcaster's website](#) ; [Underwriter website](#)

1300: Catskill Review of Books: John Feffer on his book "Crusade 2.0" The Problem with Muslims..... Archive 03-11-2012 [Podcaster's website](#) ; [Underwriter website](#)

1330: Catskill Review of Books: The Fall Back Plan -Leigh Stein's fun "Coming of Age" novel. Ian and Leigh talk about the boomerang generation, novel-writing and publishing and venture into poetry publishing. Archive 03-14-2012 [Podcaster's website](#) ; [Underwriter website](#)

1400: Conversation Earth: How big is your ecological footprint? Probably bigger than you think. After all, out of sight, out of mind. As an originator of ecological footprint analysis, population ecologist William Rees knows a thing or two about our impact on the planet. In this interview he provides some fascinating, and surprising insights. Did you know most of us in the industrialized world have a footprint three or four times our fair share? Or that the global economy is a giant Ponzi scheme? It turns out localized economies have their advantages over globalization. William Rees points out that globalization has allowed concentrated populations to extend their footprints all over the world. Were seeing growth in human technological capacity and human populations and the scale of the economy thats completely unprecedented. Archive 08-21-2017 [Podcaster's website](#) ; [Underwriter website](#)

1430: Conversation Earth: Stephanie Mills made headlines in the Spring of 1969 when she vowed, in her commencement address, to conceive no children. Our days as a race on this planet are, at this moment, numbered, she proclaimed, and the reason for our finite, unrosy future is that we are breeding ourselves out of existence. In remarks titled, The Future is a Cruel Hoax, the young, articulate, environmental-leader-to-be shared her plan with fellow graduates at Mills College (no relationship). Archive 08-27-2017 [Podcaster's website](#) ; [Underwriter website](#)

1500: Counterspin: James Galbraith on debt ceiling debate; John Nichols on Murdoch scandals. Archive 07-13-2011 [Podcaster's website](#) ; [Underwriter website](#)

1530: Counterspin: Mary Bottari on ALEC; Marjorie Cohn on prison hunger strike. Archive 07-19-2011 [Podcaster's website](#) ; [Underwriter website](#)

1600: Children's Storytime: This show is about rainbows. Archive 03-14-2013

1630: Children's Storytime: This show is about castles. Archive 03-21-2013

1700: Flashpoints: 1 hr. stream from Pacifica; An award winning front-line investigative news magazine, focusing on human, civil and workers' rights, issues of war and peace, Global Warming, racism and poverty, and other issues. Hosted by Dennis J. Bernstein.

1800: Pacifica Evening News: 1 hr. stream from Pacifica ; The Pacifica Evening News is a collaboration of KPFA and KPFA in Los Angeles and KFCF in Fresno. Comprehensive coverage of the day's news with a focus on war and peace; social, environmental, and economic justice.

1900: [Peace Talks Radio: The Series on Peacemaking and Nonviolent Conflict Resolution](#): Byron Katie's Path to Personal Peace: On this edition of Peace Talks Radio, a conversation with a woman

who offers one approach. Her name is Byron Katie who, in the mid 1980's, says she was in deep personal chaos trying to manage her life as a business woman and mother living in Southern California. More than miserable, she says she was deeply depressed, fearful, suicidal and living in a halfway house, unable to manage on her own. Some 20 years later, the woman everyone calls Katie has written three best-selling books "Loving What Is," "I Need Your Love - Is That True?", and "A Thousand Names for Joy" co-written with her husband Stephen Mitchell. As the book titles suggest, Byron Katie found a way of dealing with her stress that turned her life around. She says, on a specific 1986 morning in that halfway house, she experienced what she called a falling away of self that led to an inner freedom. She insists anyone can achieve it utilizing a method of personal inquiry she's crafted that she calls, The Work. "I realized that when I believed my thoughts, I suffered," says Katie. "But when I didn't believe my thoughts, I didn't suffer. And I've come to see that this is true for every human being." In our program, host Suzanne Kryder interviews Byron Katie about The Work, and we hear both her and her husband Stephen Mitchell recorded before a standing room only crowd in a Santa Fe auditorium. Archive 03-18-2018 [Podcaster's website](#) ; [Underwriter website](#)

2000 & 2100: Golden Age of Radio: Archive Jan 1, 2017 [Podcaster's website](#) ; [Underwriter website](#)

2200 to Midnight: royalty-free music [Podcaster's website](#) ; [Underwriter website](#)