

April 28 Sunday Schedule; repeats May 12, 2019

Midnight to 0655: royalty-free music

0655: Sign-on (FM 106.9 in Pine Mountain Club, California)

0700: Royalty Free Original Music: 1 hr. program. This show is produced by local musicians, who give their creations royalty free to our community.

0800: PoetsWest: Poems on memory and past experiences remembered. Archive 01-31-2010

0830: PoetsWest: Selection of love poems. Archive 02-08-2010

0900: Lessons from a Radical Model on WGDR, Goddard College Community Radio, with host Jackie Batten: Lloyd Suh is a playwright and has authored many works including American Hwangap, The Wong Kids in the Secret of the Space Chupacabra Go!, Jesus in India, and Great Wall Story. His plays have been published by Samuel French, Playscripts, Smith & Kraus, Duke University Press and American Theater magazine. He is a member of Ensemble Studio Theatre and The Actors Studio, an alum of Youngblood and the Soho Rep Writer Director Lab, and from 2005-2010 served as artistic director of Second Generation and co-director of the Ma-Yi Writers Lab. Since 2011 he has served as director of artistic programs at The Lark. Archive 07-05-2017

0930: Lessons from a Radical Model on WGDR, Goddard College Community Radio, with host Jackie Batten: Janet Van Fleet is a mixed-media artist who lives and works in Vermont. She is a founder of Studio Place Arts, a community center for the visual arts in Barre, Vermont, where she also has her studio. Janet is the curator of SOCIAL JUSTICE: Race, Gender, Immigration and the Environment, an exhibit now on display in the Goddard College Pratt Art Gallery until October 9, 2017. Archive 07-12-2017

1000: Ask Peggy About Your Finances: Bulls and Bears Market Report; Legislative Update: SEC Best Interest Rules; Plan Your Prosperity: Annuities; Ask Peggy: Investing vs. Speculating; Negative Election Plans. Archive 04-23-2018

1030: Ask Peggy About Your Finances: Bulls and Bears Market Review; Legislative Update: DOL, SEC, and CFP Board Fiduciary Update; Plan Your Prosperity: Risk Tolerance; Ask Peggy: How College Graduates Should Start a Financial Plan. Archive 05-08-2018

1100: Food Sleuth: Did you know that pink ribbon products may actually increase the risk of breast cancer? Join Food Sleuth Radio host and Registered Dietitian, Melinda Hemmelgarn, for her interview with Karuna Jaggar, Executive Director of Breast Cancer Action. Jaggar exposes and critiques hypocritical pink ribbon campaigns, and discusses social justice, plus the health and environmental policy changes needed to prevent breast cancer, and protect public health in general. Archive 10-21-2018

1130: Food Sleuth: Did you know that more than 10,000 chemicals are allowed to be added to our food, but not all are tested for safety? Join Food Sleuth Radio host and Registered Dietitian, Melinda Hemmelgarn, for her interview with Sheela Sathyanarayana, M.D., MPH, associate professor of pediatrics at the University of Washington, and co-author of the American Academy of Pediatrics new policy statement on Food Additives and Child Health. Dr. Sathyanarayana discusses the regulatory system that provides loopholes for manufacturers, as well as the impact of direct (colors, flavors) and indirect (through manufacturing and packaging) food additives on children's health and behavior. She also provides tips for protecting children from harmful additives. Archive 10-28-2018

1200: MyND Talk: Satisfaction Dr. Anita Clayton: Is something missing from your intimate encounters? Are you not interested in sex anymore, or interested but cant get aroused? Maybe you get aroused but have neither the desire nor the energy to follow through. You find yourself wondering whats wrong with you. Dr. Anita H. Clayton wants you to know that theres nothing wrong with you"whats wrong is the ridiculous fantasies youve been sold about sex, and the unrealistic expectations you cling to . Archive 03-05-2019

1230: MyND Talk: Confidence and Joy Dr. Elaine Fogel Schneider : Dr. Fogel Schneider discusses Confidence & Joy: Success Strategies for Kids with Learning Differences Youll learn practical tools to lead your child with learning differences to lifelong success"educationally, socially, and personally. Archive 03-06-2019

1300: Catskill Review of Books: From a widowed poor, American Irish Catholic family Kane became a priest, and a good one, but gave up in the face of Rome's line on sex and reproduction and its authoritarian cast of mind. His book "Good Church Bad Church" details his road back from Damascus.. Archive 07-21-2011

1330: Catskill Review of Books: Russell Jacoby on the narcissism of familiarity. Why humans are so ferocious to family and neighbors. Archive 07-21-2011

1400: Conversation Earth: Robust economic growth has become the Holy Grail of public policy and politics. But some economists and many scientists have come to believe growth has become uneconomic." Former World Bank Senior Economist Herman Daly explains this in terms we can all understand. Daly co-founded the journal, Ecological Economics, and has written and spoken extensively about the fact that the economy is a sub-system of a larger system. The larger system being the biosphere " the environment. Archive 08-08-2016

1430: Conversation Earth: Do we behave rationally? You might be surprised how often our decision-making deviates from what is in our best interest. Behavioral economist Dan Ariely studies human behavior and decision-making. His experiments have led him to startling conclusions. We repeatedly and predictably make the wrong decisions in many aspects of our lives. We may be rats in a maze for scientific study, but Dan Ariely puts a refreshingly human face on the scientific study of why we do the things we do. He offers an insightful explanation of why Republicans and Democrats in the U.S. can't agree on facts: When we have an initial belief, reality doesn't matter as much as we think. We have an illusion that we're actually observing reality, but it's filtered dramatically by what we're experiencing in our brains, and our expectations. Archive 08-15-2016

1500: Counterspin: Ben Lilliston on genetically engineered foods, Barbara Miner on Teach for America. Archive 04-14-2010

1530: Counterspin: Andrew Cockburn on Wall Street, Heather Rogers on Green Gone Wrong. Archive 04-22-2010

1600: Children's Storytime: The Beach. Archive 08-02-2012

1630: Children's Storytime: Platypuses. Archive 08-09-2012

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1900: History Counts: Mark Twain makes a rare public appearance to explain why he was regarded as the most important opponent of imperialism at the turn of the century. This key aspect of Twain's career has been widely suppressed or ignored. Archive 10-05-2008

1930: History Counts: The Deep State: We discuss the Wall Street origins of the CIA after World War II and its early covert ops involving illegal drug dealing and money laundering. We, also, examine the development since the 1960's of secret plans for martial law. Archive 10-30-2008

2000 & 2100: Golden Age of Radio Easter Pitch. Archive 03-30-2013

2200 to Midnight: royalty-free music